

RESOURCES

WHO CAN HELP?

- ✓ Call 2-1-1 Maryland. Dial 2-1-1 for information on additional resources and to talk about bullying concerns.

TO REPORT BULLYING AT SCHOOL:

Contact your school counselor or another adult at school to make a report.

FOR OTHER HELPFUL PROGRAMS:

- ✓ Contact the Mental Health Association of Frederick County at 301-663-0011 for community education programs on bullying, cyberbullying and Internet safety.
- ✓ Contact Heartly House at 301-662-8800 for information on bullying prevention, including school presentations related to healthy relationships and positive friendships.
- ✓ Contact Community Alternative Mediation, Inc. (CALM) at 301-631-2256 for resolving disputes and classes on anger management and conflict resolution skills.

FOR AFTER-SCHOOL PROGRAMS:

Contact your school for program availability.





STOP BULLYING.

A Community Response

WEBSITES WITH ADDITIONAL INFORMATION:

www.fcmha.org

www.fcps.org

www.stopbullyingnow.com

www.pacerteensagainstbullying.org

www.thebullyproject.com

www.thetrevorproject.org

www.girlshealth.gov/bullying/index.cfm

www.cartoonnetwork.com/promos/stopbullying/index.html

www.stompoutbullying.org

www.sprc.org

www.olweus.org

www.stopbullying.gov