

# SOLDIERFIT<sup>®</sup>



## SOLDIERFIT FCPS DISCOUNTED RATES

### All programs include:

**Monthly InBody Assessments Return**  
**Nutrition Help Return**  
**1hr MPE with Trainer Return**  
**Standard: \$79**

Unlimited Bootcamps  
Unlimited Gym Access  
Trainer Led Workouts in the Gym

**MMA: \$129**  
Unlimited Martial Art classes

**Kids Martial Arts: \$69**  
Ages 4 and older  
Unlimited Martial Arts classes

**Gym: \$49**  
Unlimited Gym access



**50% OFF  
ENROLLMENT**

Contact Rebecca by email: [rdean@soldierfit.com](mailto:rdean@soldierfit.com) or call (240) 457-4630  
8420 Gas House Pike, Suite Z, Frederick, MD 21701

\*Enrollment includes MyZone heart rate monitor.