

FCPS is partnering with MOD Nutrition to offer discounted nutrition coaching services to FCPS employees. Owner, Chelsea Young, will be offering workshops to inform interested clients on nutrition information, meal prep tips and macronutrient classification.

For more information:  
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Email: cay524@gmail.com

# JOIN US

10% OFF FOR FCPS EMPLOYEES

MOD Nutrition is a local meal prep and nutrition coaching company. Offering pre-made meal prep plans and one-on-one nutrition consultations. For more information visit: [www.modnutritionmd.com](http://www.modnutritionmd.com)



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**MOD**  
*Nutrition*

