

GOV. THOMAS JOHNSON HIGH SCHOOL EMERGENCY ACTION
PLAN: BASEBALL, SOFTBALL, TENNIS

This document serves as the written emergency action plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the Head Athletic Trainer or school administrator in the absence of the Head Athletic Trainer.

Venue Information:

Sports: Field Hockey, Baseball, Softball, Tennis

Address: 1501 North Market Street, Frederick MD 21701

Emergency Personnel:

Head Athletic Trainer: Keri Foreman

Coordinator of Athletics: Mike Chavez

Assistant Athletic Director: Brian McGraw

Assistant Athletic Director: Lindsey Chaffman

Head Coaches

Assistant Coaches

On Call: EMS via **911**

Emergency Equipment:

Primary AED: Press Box

Secondary AED: FH Shed

Tertiary AED: Back of Gator (Becomes Primary AED when AT is at the event)

Back of Gator:

- Crutches, vacuum splints, cervical collar, knee immobilizer, and other equipment deemed necessary by the qualified personnel due to the circumstances
- Ice, bags, wrap
- PPE and First Aid supplies to care for and control blood-borne pathogens

In venue with participating team:

- Medical kit dispensed at the beginning of the season with PPE, including CPR mask, and First Aid supplies to care for and control blood-borne pathogens
- Ice and bags

Communication with Emergency Personnel:

Access to 911: Telephones located in the following areas

- All personnel cell phones
- Press Box

Contact Athletic Trainer Immediately

- Keri Foreman: 301-748-6568

Contact Coordinator of Athletics Immediately:

- Mike Chavez: 240-215-5194

If Coordinator of Athletics is unavailable contact:

- Assistant Athletic Director: Brian McGraw: 570-498-0171
- Assistant Athletic Director: Lindsey Chaffman: 717-825-9006

What is an Emergency?

An *emergency* is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, administrators and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur.

911 should be called when the person:

- is not breathing
- has lost consciousness
- is in anaphylactic shock
- has had an epipen administered
- it is suspected of having a spine injury
- has an open fracture (bone has punctured through the skin)
- has a suspected closed fracture of the spine, skull, femur, pelvis, tibia and fibula, and humerus
- has severe heat exhaustion or suspected heat stroke
- has severe bleeding or any bleeding that cannot be stopped with proper first aid • has a major joint dislocations (shoulder, elbow, hip, knee) that do not spontaneously relocate
- has difficulty breathing and symptoms do not improve with rest and hydration (i.e. asthma attack)

Chain of Command:

1. Athletic Trainer - Keri Foreman, 301-748-6568
2. Coordinator of Athletics – Mike Chavez
3. Assistant Athletic Director – Brian McGraw
4. Assistant Athletic Director – Lindsey Chaffman
5. Head Coach
6. Assistant Coach(es)

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives.

Once it is determined that EMS should be called, the following procedures will be followed:

1. The leader will be responsible for remaining with the athlete to monitor condition and administer qualified care, if necessary. If possible, someone else in the chain of command should stay and assist the leader. CONTINUE CARE UNTIL EMS ARRIVES AND INSTRUCTS THE CESSATION OF CARE.
2. The leader will designate someone to call 911 on a school telephone or cellular phone. This individual is to stay with the injured athlete and the leader in case questions there are questions from dispatch or there is a change in the athlete's condition. EMS dispatch should be told the location of the emergency, the condition of the athlete, and instructions on how to access the athlete upon arrival. Inform EMS that someone will be waiting at the nearest intersection to aid in directing the ambulance. DO NOT HANG UP UNTIL EMS HANGS UP FIRST. See above for school telephone locations.
3. The leader will send runners to all intersections between where the athlete is located and Gov. Thomas Johnson High School/venue-specific location to direct the ambulance to the athlete. The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.
 - a. **Runners should be in the following locations:**
 - i. **BEFORE DARK** when Rose Hill Manor Park is open :(1) North Market Street Entrance to Rose Hill Manor Drive (2) Rose Hill Manor Drive Parking Lot entrance next to Baseball Field (3) Driveway behind Baseball back stop
 - ii. **AFTER DARK** when Rose Hill Manor Park is closed:(1) Motter Avenue Entrance (2) North Market Street Entrance at location K on map (3) Stadium parking lot entrance near Main Gate Entrance (4) Location F Emergency Gate Entrance
 - iii. **FOR TENNIS ONLY:** (1) North Market Street Entrance to Rose Hill Manor Drive (2) Rose Hill Manor Drive Parking Lot entrance closest to tennis courts
4. The leader will designate another person to attempt contact with the athlete's parents. **Emergency contact information can be found with coaches at every practice and athletic contest. This information should be easily accessible at all times.** If a parent is not present, a coach must accompany the student to the hospital with an emergency form. (If using a school phone, to call a parent you must dial 8 first).
5. If transport is deemed necessary by EMS, the athlete will be taken to **Frederick Memorial Hospital 400 W. 7th St Frederick, MD 21701**, unless told otherwise. 6. Complete injury form and email to michael.chavez@fcps.org

If helicopter transport is necessary:

GPS COORDINATES

Latitude: 39°26'07.4"N Longitude: 77°24'26.2"W

Coordinates are for the Baseball Outfield/Field Hockey Field. If helicopter transport is required, clear all students from the field and all fans from the stands. Move benches and any goals near the playing field from the field and back toward the fence line. Only essential personnel should remain in the area with the injured/ill person.

