

Virtual Care Options

It's important to be able to get the care you need, when you need it. Our virtual care offerings make it easy to do just that.

24-Hour Nurse Advice Line

Talk to a registered nurse about your symptoms, and the appropriate steps to take, at any time by calling **800-535-9700**.

CloseKnit

CloseKnit, our leading virtual care practice, gives you 24/7 access to the support you deserve—from primary and urgent care to therapy and more* through your desktop or the convenient CloseKnit mobile app.



Learn more and register at **closeknithealth.com**.

CloseKnit Offers:



Primary Care

Full-service primary care from a dedicated care team. *For adults age 18+.*



Urgent Care

The care you need to treat minor injuries and illnesses fast. Average wait time is 30 minutes or less. For adults and children (age 2+).



Behavioral Health Services

Expert help, including therapy for depression, anxiety or other behavioral health diagnoses. *Psychiatric services available January 1, 2024.*



Lactation Support

Assistance for nursing mothers with breastfeeding challenges. *Available January 1, 2024.*



Diet & Nutrition

Guidance and support for healthy eating, weight loss and more. *Available January 1, 2024.*

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^{*}Providers will use their professional judgment to determine if a telemedicine visit is appropriate or if an in-person visit is required.