

Additional Resources

American Red Cross
Frederick Chapter:
301-662-5131
www.redcross.org



Department of Homeland Security
www.ready.gov



Federal Emergency
Management Agency
www.disasterhelp.gov



Frederick County Public Schools
www.fcps.org



The City of Frederick
Public Information Line:
301-694-1300
www.cityoffrederick.com



Frederick County Government
Public Information Line:
301-631-3000
www.co.frederick.md.us

*Being Prepared
Ready to Respond*

**Local Emergency Planning Committee
Frederick County, Maryland**



Frederick County Local Emergency Planning Committee

American Red Cross
Frederick Chapter

Board of County Commissioners
Frederick County, Maryland

The City of Frederick
Office of Occupational Safety & Health

Frederick Police Department

Frederick County Attorney's Office

Frederick County
Division of Fire and Rescue Services

Frederick County Health Department

Frederick County Public Schools

Frederick County Office of
Emergency Management

Frederick County Sheriff's Office

Frederick County
Volunteer Fire & Rescue Association

Frederick Memorial Healthcare System

Ft. Detrick

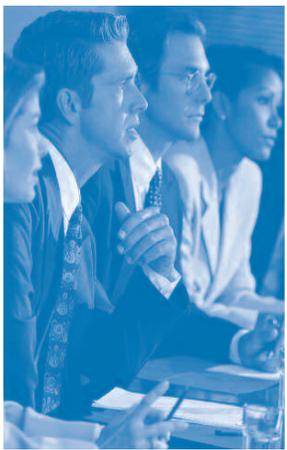
*The LEPC also includes private medical,
scientific, media and municipal authorities.*

Preparing for an Emergency



*Being Prepared
Ready to Respond*

**Local Emergency Planning Committee
Frederick County, Maryland**



Frederick County—Preparing for an Emergency

During these uncertain times, emergency planning officials are working together to inform our citizens and provide the guidance needed by families, businesses, seniors and those with disabilities.

This brochure provides you with important information and resources to help you prepare for an emergency and be ready to respond in case of an urgent situation. Please keep it handy for easy reference.

Q: What should I do to prepare?

- A: Citizens should be prepared for the unexpected at any time. The basic emergency plans are the same for most disasters, whether man-made or natural, a blizzard or biological attack:
- Store food, water and medicine for at least three days.
 - Obtain a battery-powered radio and extra batteries.
 - Develop a family emergency communication plan.

Q: How should I respond?

- A: REMAIN CALM. Turn on your local radio or TV emergency stations:
- WFMD 930 AM
 - WFRE 99.9 FM
 - WAFY KEY 103.1 FM
 - Frederick County Government Cable Channel 19
 - FCPS Cable Channel 18
 - City of Frederick Cable Channel 99
- Follow instructions from emergency officials provided through the media and the Emergency Alert System.

Q: What is the most important item to have in an emergency kit?

- A: A battery-powered radio (with extra batteries) is critical so that you can listen to instructions from local emergency officials, especially during a power outage.

Q: How should seniors or those with disabilities prepare?

- A: Senior citizens and those with special needs should prepare like anyone else, but consider that the usual ways of support may not be available after a disaster. Those with impaired vision or who use a cane or wheelchair should arrange for assistance. Compile a list of your prescription medicines (including dosage) and any allergies. Have extra eyeglasses, hearing-aid batteries, spare wheelchair batteries, oxygen, and the style and serial numbers of medical devices such as pacemakers. Assemble medical insurance identification, Medicare cards, and the phone numbers of doctors, relatives or friends who should be notified if you are injured.

Q: How should I prepare while at work or away from home?

- A: Prepare a container you can carry with emergency supplies. Store the provisions in a convenient location in your office or car trunk. In an emergency, you may be asked to “shelter in place” (stay in the building for an extended period), and the items will help during that time. Give your supervisor your personal emergency contact information, frequently back up your computer files, and maintain a spare copy of your calendar and contacts.

Q: What will happen if my children are at school during an emergency?

- A: Frederick County Public Schools (FCPS) administrators are in close contact with emergency and law enforcement officials. FCPS will take direction from them and communicate instructions to building administrators. All schools have emergency plans and crisis manuals that provide direction for protecting students in critical situations.

Q: How will the public school system respond?

- A: FCPS’s response in a large-scale emergency will depend on the incident. Schools may employ a partial or full security lockdown, implement a shelter-in-place plan, evacuate students to an alternative location, dismiss school early and/or establish shelters for the community in some buildings. If administrators are instructed to protect students by keeping them inside the building, family members may not be allowed to pick up children from school until it is safe. Contact your child’s school directly for its own emergency plan. (Visit www.fcps.org for current security status.) If your children are not in public schools, check with your private school for its own plan.

Q: When do I call 911?

- A: Call 911 for the fastest emergency response when you or someone you know needs police, fire, or medical assistance in a life or death situation.