



Family of health care plans



# 24/7 care in the palm of your hand

**Welcome to  
virtual-first  
primary care**

[CLOSEKNITHEALTH.COM](https://closeknithealth.com)



CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc., which are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

CloseKnit is a registered trademark owned by, and is the trade name of, Atlas Health, LLC. Atlas Health, LLC d/b/a CloseKnit provides telehealth services to CareFirst BlueCross BlueShield members



# CloseKnit™



## Virtual-first care centered around you



**SCAN THE QR CODE TO GET STARTED!!**

## Here's what you'll enjoy:



**24/7/365 care  
anywhere in the U.S.**



**A Care Team who can answer benefits,  
billing, and health-related questions**



**Urgent care visits in  
30 minutes or less**



**1:1 counseling with licensed  
mental health therapists**

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